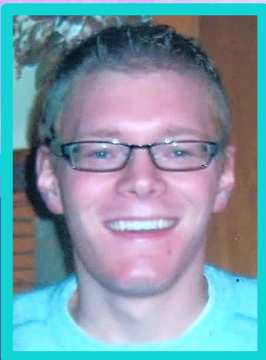


About BEN'S Hope

“After the devastating loss of our son, Benjamin, on November 11, 2014, we started a support group to help us help others who have been in a position like ours. We share our stories in a supportive and non-judgmental environment. Our goal is to build BEN'S Hope into an organization that can provide help to our community members when they are struggling, reassure others that they are not alone, and show that people care and are here for them.”


-Patti and Terry




Are you in crisis?


If you are in crisis and need immediate help:

Emergency – Call 911

 Call 1-800-273-8255
24-Hour National Suicide Prevention Helpline

Text “Hopeline” to 741741
Center for Suicide Awareness 

 Chat at www.imalive.org
IMAlive Online Crisis Network

Llama al 1-888-628-9454
Para obtener asistencia en español 

You are not alone.
www.bens-hope.com

BEN'S Hope



Suicide Awareness,
Prevention, and Support

Patti and Terry Cullen
Peer Facilitators

BEN'S Hope Annual Walk

The BEN'S Hope Annual 5K Run/2 Mile Walk is an annual event for suicide awareness and prevention that takes place in Platteville in September. Patti and Terry started this event to raise awareness of the causes of suicide and how tragedies can like theirs can be prevented. They also want to reduce the stigma surrounding suicide.



Visit us at
www.bens-hope.com
for more information.

Survivors of Suicide Support Group

Meetings are free of charge.

A sudden death is a traumatic experience for survivors. A death by suicide adds a unique set of challenges for those who are left behind. The focus of this group is to help others cope with the challenges of healing from the death of a loved one by suicide. Additionally, this group is for those who have struggled or are struggling with suicidal ideations, those who have attempted suicide, as well as anyone who is feeling alone and wants to share their story with others who will not judge the hardships of depression and loneliness.

SOS Support Group

2nd Tuesday of the month

6:30pm to 8:00pm

Mound City Bank Motor Branch

90 South 2nd Street

Platteville, WI 53818

Presentation Services

Patti and Terry offer presentations to students, teachers, communities, and businesses in the Grant County, WI area and surrounding communities.

Presentations include:

- Church groups
- Clubs and organizations
- Community events
- Funeral Directors Association
- Open forums
- Police and EMS personnel
- School classrooms
- School faculty and staff
- Suicide Awareness Panels
- Grief Healing Retreat
- Cord of Three Strands –
Marriage After Losing a Child

To book a presentation,
please email patticullen05@gmail.com.

Hold On, Pain Ends.